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ABSTRACT

A therapeutic composition is described comprising honey or a honey derivative, a fatty ester wax or wax-like compound and a surfactant. The honey or derivative
5 may comprise a single type of honey or may be a mixture of two or more different types of honey. The fatty ester, wax or wax-like compound preferably has a melting point around 45°C or less and most preferably between 40 and 43°C. The wax may be myristyl myristate. The surfactant is preferably ethoxylated sweet almond oil but may also comprise ethoxylated castor oil and ethoxylated evening
10 primrose oil. The preferred embodiment comprises honey or honey derivative 80%, myristyl myristate 15% and ethoxylated sweet almond oil 5%. The invention extends to a method of producing a therapeutic honey composition by heating the honey to a temperature that will not cause degradation of one or more functional enzymes of the honey, combining wax and surfactant by heating and mixing and
15 cooling the mixture before mixing it with honey. The maximum temperature of honey in this method is preferably 45°C or less while the wax and surfactant may be mixed in the temperature range of 50-60°C.